

Campus Recreation Advisory Board Meeting

February 21, 2014, 12-1:00PM, CRC Conference Room

Attendance: Jay Souza (CREC), Brad Avenia (CREC), Rose Faber (CREC), Leigh Mizvesky (CREC), Kevin Ferreli (CREC), Howard Guston (SAC), Raven Dorsey (SAAC/Athletics), Chris Priore (CREC), Jodie Darnell (CREC), Jessica Langley (HSC), Kathryn Michaud (CREC)

Meeting: Called to order at 12:00 PM.

1. Introduction: New Members
2. Recreation Updates
 - a. **South P Field Project Update:** As we mentioned last time, the name wasn't accepted. It had been proposed to be titled "The Den" or "Wolfie's Den," instead it is now the Campus Recreation South Fields. The Ribbon Cutting Ceremony will be on 4/11/2014 at 3:00pm. The first two fields are have electric lines run, but have not been turned on yet. It will be completed when the snow is cleared from the fields.
3. Discussion
 - a. **Proposed Hours:** Jay has data usage available to justify the changes
 - i. See the proposal provided
 - ii. Shutdown in May is mandatory
 - iii. Open slightly later on holidays for 2014-15 school year
 - iv. Chris Priore feels the hours makes sense. Why should we open early when only 1-2 people show up? It's a good way to save money.
 - v. Brad explained the shutdown in greater detail. He also explained some of the work that will be done. The building gets cleaned and larger construction can be done, including the installation of the new lockers.
 - vi. Jay asked for a vote on the proposed hours. 100% in favor of hour changes.
 - b. **Strength Club Facebook Page:** Chris Priore explained that the Strength Club asked its followers on Facebook what they would like to see in the Rec Center. Many students indicated they would like to the see a vending machine with healthy options available in the lobby – nuts & protein. These aren't easy to find on campus. Brad is afraid this would create a rodent problem. Kevin/Jay both feel this would give the impression that eating is okay in the building or students will try to hide the food and sneak it in. This is not what we want to communicate. Howie suggested contacting letting the Campus Dining Advisory Board know their feelings on this. They stock the vending machines and probably aren't aware of students not being happy with the choices available.
 - c. **Foam Rollers:** Chris Priore also brought up some issues with the foam rollers. They're currently compressed and worn out. Jay said they've had a problem with being stolen, so he was hesitant to pay for more expensive equipment. It could be an item checked out. Chris also explained there's a new high density that will

last longer and are not that much more money. Jay also thought about PVC pipe. Brad will investigate the options and we are likely to get new ones for fall 2014. Jay asked Chris to put a list together for him if there is anything else we need.

- d. **Club Sport Availability:** Katherine brought up the issue of the limited time availability for sport clubs to practice. Now, they lost Sundays on top of it. Jay and Rose will look into this.
- e. **Training Bars:** The training bars are breaking with too much weight being put on them. Maybe if they are available for check out for, they are less likely to be used incorrectly. It also helps people to learn how to use bars and the Personal Training Program could benefit too. Jay is hesitant because this means the bars would be checked out and moved throughout the facility.
- f. **Training for CREC Staff:** Chris Priore brought up the possibility of the CREC staff being trained on properly using equipment or prevent injuries. The staff could provide information to users. Jay acknowledge this and will be adding this to our training now, so that we are all on the same page. Ergonomics are important. Brad asked whether this would be an issue to provide instructions because there is a fine line between where the responsibility falls on the building for liabilities. Jay explained that if we implement this, it would be a directive of staff. Any directive from the staff not followed is considered a community standards issue and could be reported.
- g. **Survey:** The benchmark survey will be going out again in the coming weeks. It is completely randomized and will go through the Registrar.
- h. **Campus Recreation Feedback:** Student Advisory Board members reported hearing positive feedback on the facility. Students are happy with the purchases in equipment and events. The department has created a strong presence on campus. Students like the new layout of the weight room. There are plenty of cardio machines available. Jay was asked whether we could get heavier kettle bells and dumbbells—up to 25 lbs. He will consider. Katherine felt there has been an increase in communication and marketing. Students are more informed. There are still issues on the HSC-side. Students are not receiving information or emails regarding our programs.
- i. **Runners:** The Woodways are really cool. They prefer the flat, not curved, ones. Woodways are the best in the world. They cater to athletes because it's more natural than a regular treadmill. They are perfect for runners and cost \$15,000 each. Jay can look into getting another 1 or 2, but they are so expensive. Life Fitness treadmills get the most use so we will continue to purchase them mostly.
- j. **Recruit:** Recently some students have been having difficulty getting in with recruits. Jodie and Brad explained the students working up front should let them in. Durrone will speak with his staff about this.

1. Next Meeting will be March 28th

4. The next meeting will be Friday, March 28th at 12:00 pm. Lunch will be provided.
5. Meeting adjourned at 1:00 PM.